Coronavirus-
How to Reduce the Risk of Infection

The novel coronavirus typically spreads from handshakes and little droplets, from coughs and sneezes. If you protect yourself, you are also protecting others. Therefore, take the following precautions:

01



Wash your hands

often with soap and water for at least 20 seconds-if soap and water are not available, use an alcohol-based hand sanitizer

For handwashing best practices, please visit the CDC website: **www.cdc.gov/handwashing**

02



Avoid unnecessary physical contact – remember, it is OK to say no to social gatherings

03



Avoid close contact with people who are sick

04



Avoid touching your eyes, nose, and mouth

05

Wash or sanitize your hands before eating

06



If necessary cover mouth and nose **with mask**

07



Stay home if you are sick, except for getting medical care

08



Avoid large crowds and **public transport** during rush hour

09



Cover your cough or sneeze with a tissue, then throw the tissue in the trash

10



Clean and disinfect frequently touched objects and surfaces

Fight against the new coronavirus ***together!***

HANGCHA